



OSGNATM

Ohio Society of Gastroenterology Nurses and Associates

The Scope

Fall 2012

PRESIDENTS MESSAGE

Hello,

I hope all have had a great summer and have been able to enjoy a relaxing vacation. I know for me it has been a very busy time with my hospital going live with epic this past July 1st. With that being said I do like the system and in time after all the kinks are worked out know it will be great.



I wanted to remind everyone that we are still looking for members interested in a position on the OSGNA board. This is a great way to get involved and play a role in the region's growth and development. Please contact me at jm52699@aol.com. The national organization is also looking for members interested in a position on one of the national committees. There is a form to fill out on SGNA.org if you are interested. I have been on the National education committee for 4 years and have enjoyed the networking and the challenges that the committee has provided.

Don't forget that the deadline for poster abstracts for the 40th SGNA National Conference is due soon. The application is on line at the SGNA website.

There is a free CE being offered on Infection Prevention to members September 27th. You can register online through the SGNA website.

The Core Curriculum is also on sale at 50% off for members. If you do not have this manual it is a great reference for all GI nurses.

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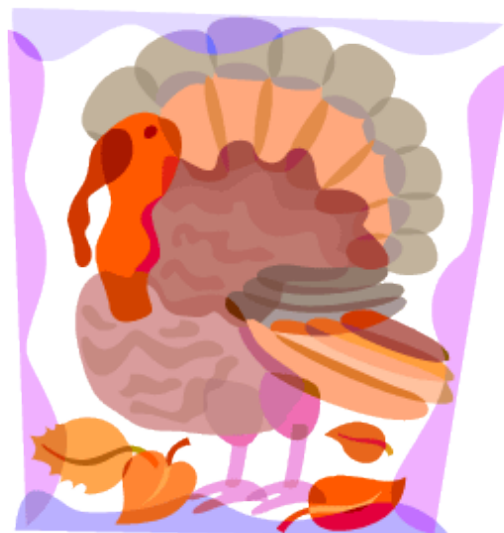
2012 OFFICERS

PresidentJoan Metze
Past PresidentDebbie Vance
President ElectTerri Geil
SecretaryKim McNary
TreasurerKaren Strader-Helton
Education/LegislationShirley Flowers
Historian/Newsletter.....Sandy Amos

Our Medical Advisors for 2012 are
Dr. Carmen Meier and Dr. Christopher South.
Thank you for your dedication and service.

Dates to Remember

October 12th-14th: Multiregional Meeting at the Marriott Indianapolis North



20th Annual Multi-Regional SGNA Conference

This October 12 - 14, 2012 will be the twentieth year of providing continuing education for our OSGNA members. The Multi-Regional conference is a short distance away, at the Indianapolis Marriott North. Shirley and Kim are OSGNA's representatives in charge of speakers.

There are ten speakers with topics including Sphincter of Oddi dysfunction, biofilms, EUS, celiac disease, GI assessment from a Nurse Practitioner, treatment of colon cancer, surgical management of Crohn's & colitis, Barrett's, liver therapies and gastroparesis.

All members should have received a postcard with a website to register for the conference. Registration, agenda, and the syllabus is available online. In our effort to provide our members with cost savings, registration is so easy at..... multiregionalsgna@eventbrite.com Questions can be emailed to multiregionalsgna@gmail.com

We hope to see many Ohio members at the conference!

--Kim McNary

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October 12-14 is the Multi-Regional conference. It is in Indianapolis this year.

The OSGNA board still wants to sponsor a study review program for GI certification. If interested please contact me at jm52699@aol.com. This would be in preparation for the May 2013 test.

Have a great Fall,

Joan Metze



What is Barrett's Esophagus?

by Sandra L. Amos ADN, CGRN at Ohio State Wexner Medical Center



Barrett's esophagus is a precancerous condition affecting the lining of the esophagus. Barrett's is caused by gastric reflux disease (GERD). Stomach acid and enzymes reflux into the esophagus causing injury. Over time genetic changes can occur causing the cells to become altered. This is called "intestinal metaplasia". The esophagus tissue becomes intestinal.

- Barrett's esophagus is estimated to affect 3.3 million adults over age of 50yrs.
- Patients with Barrett's esophagus 30-125 times more likely to develop adenocarcinoma (esophageal cancer)
- Esophageal carcinoma has risen 6-fold in US. Rising faster than breast, prostate or melanoma cancer.
- approximate 13% of caucasian men over 50yrs. Who have chronic reflux will develop Barrett's
- 25% patients over 50yrs. without GERD symptoms develop Barrett's
- GERD is common in US adult population, in 44% of adults it occurs monthly, 18% weekly